



# FALL SCHEDULE 2009

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY			
6:00 AM	INTIMATE YOGA					INTIMATE YOGA		6:00		
6:30 AM	THE CASINO RAMA GRILL ROOM (R)					ECHO		6:30		
7:00 AM	CANOE LIVE (R)					PAN ASIA		7:00		
7:30 AM	STREET EATS					STREET EATS	DREAM CAR GARAGE (R)	7:30		
8:00 AM	AVVENTURA / ENTRADA					PAID PROGRAMMING	DAVE'S GARAGE (R)	8:00		
8:30 AM	FEAR OF FRYING						THE CASINO RAMA GRILL ROOM (R)	8:30		
9:00 AM	PAID PROGRAMMING						PAID PROGRAMMING	PAID PROGRAMMING	9:00	
9:30 AM	ECHO								9:30	
10:00 AM	PAID PROGRAMMING								10:00	
10:30 AM	COSMETIC INNOVATIONS								10:30	
11:00 AM	PAID PROGRAMMING					BUILDING BODIES	ECHO	11:00		
11:30 AM	PAID PROGRAMMING					FANTASY SPORTS: THE 411 (R)	PAID PROGRAMMING	11:30		
12:00 PM	MY SECRET IDENTITY					THE CASINO RAMA GRILL ROOM (R)		12:00		
12:30 PM	SUPER DAVE					ARGOS ACCESS (R)	PRESSURE COOKER TV	12:30		
1:00 PM	STREET EATS					DREAM CAR GARAGE		13:00		
1:30 PM	FEAR OF FRYING					DAVE'S GARAGE	MOVEABLE FEAST	13:30		
2:00 PM	ONE LIFE TO LIVE (S WKBW)					WOODBINE	STREET EATS	14:00		
2:30 PM							FEAR OF FRYING	14:30		
3:00 PM	FUNNIEST PETS & PEOPLE						BUDDIES ON THE VINE	15:00		
3:30 PM	CAROLINE IN THE CITY						ENTRADA	15:30		
4:00 PM	DEAR JOHN					FAME	SUN TV WEEKEND MATINEE: CLASSIC MOVIES	16:00		
4:30 PM	TAXI							16:30		
5:00 PM	DAVE'S WORLD					FAME		17:00		
5:30 PM	CANOE LIVE							17:30		
6:00 PM	ECHO	ARGOS ACCESS	ECHO		FANTASY SPORTS: THE 411	ECHO	STREET EATS	18:00		
6:30 PM	THE CASINO RAMA GRILL ROOM					GEORGE LOPEZ	SPIRITED CHEF	18:30		
7:00 PM	THE INSIDER (S WGRZ)					THE INSIDER WEEKEND (S WGRZ)	60 MINUTES (S WIVB)	19:00		
7:30 PM	GEORGE LOPEZ					INSIDE JAM!		19:30		
8:00 PM	SUN TV FLICKS	WORLD'S MOST AMAZING VIDEOS	SUN TV FLICKS	FUNNIEST PETS & PEOPLE	SMALLVILLE (S CW)	BEAUTIFUL NOISE	FORENSIC FACTOR	20:00		
8:30 PM				FUNNIEST PETS & PEOPLE				20:30		
9:00 PM		TO SERVE & PROTECT		SUPERNATURAL (S CW)	STARGATE SG-1			BOSTON LEGAL	BOSTON LEGAL	21:00
9:30 PM										21:30
10:00 PM	THE INSIDER (R)				20 / 20 (S WKBW)	48 HOURS MYSTERY (S WIVB)	REZ BLUEZ	22:00		
10:30 PM	ALFRED HITCHCOCK							22:30		
11:00 PM	BECKER				THE INSIDER (R)	THE INSIDER WEEKEND (R)	TO SERVE AND PROTECT	23:00		
11:30 PM	THE CASINO RAMA GRILL ROOM (R)					INSIDE JAM! (R)		23:30		
12:00 AM	JIMMY KIMMEL LIVE (S WKBW)					PAID PROGRAMMING		24:00		
12:30 AM								24:30		
1:00 AM	PAID PROGRAMMING			SUN TV FLICKS	SUN TV FLICKS			25:00		
1:30 AM	25:30									
2:00 AM								26:00		

EFFECTIVE: August 31, 2009  
 HD / WIDESCREEN PROGRAMMING  
 SIMULCAST